

Camping Checklist

- A Backpack** (daypack for tailgate camping or hiking, or a real backpack for backpacking).
Internal or external frame is fine for a backpack. Try to keep your total load below 30% of your body-weight, and ideally below 15%

Ten Essentials in the backpack:

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| <input type="checkbox"/> Pocketknife or multi-tool (blade under 4") | <input type="checkbox"/> Trail food/snacks |
| <input type="checkbox"/> First Aid Kit (note: Second Class requirement) | <input type="checkbox"/> Water bottle(s), and water |
| <input type="checkbox"/> Extra clothing appropriate for the weather | <input type="checkbox"/> Matches/fire-starting supplies – waterproof |
| <input type="checkbox"/> Rain gear or poncho | <input type="checkbox"/> A compass and map |
| <input type="checkbox"/> Flashlight – with fresh batteries | <input type="checkbox"/> Sun protection: sunblock, sunglasses, lip balm, wide-brimmed hat |
| <input type="checkbox"/> Number 11: 50' of paracord | |

Clothes (avoid cotton – go with synthetics or “wickable” materials)

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| <input type="checkbox"/> Troop Activity shirt | <input type="checkbox"/> Underclothes |
| <input type="checkbox"/> Hiking boots, broken-in | <input type="checkbox"/> T-shirt(s) |
| <input type="checkbox"/> Hiking socks (synthetic or wool) | <input type="checkbox"/> Extra socks |
| <input type="checkbox"/> Pants – convertibles preferred | <input type="checkbox"/> Jacket and/or fleece (such as the Troop Hoodie) |
| <input type="checkbox"/> Shorts (season appropriate) | <input type="checkbox"/> Gloves (season appropriate) |
| <input type="checkbox"/> Swimming trunks (season appropriate) | <input type="checkbox"/> Hat (season appropriate) |
| | <input type="checkbox"/> Optional: Extra shoes (in case of soaked boots!) |

Toiletry Kit

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|-------------------------------------|---|
| <input type="checkbox"/> Toothbrush | <input type="checkbox"/> Towel |
| <input type="checkbox"/> Toothpaste | <input type="checkbox"/> Hand Sanitizer |
| <input type="checkbox"/> Soap | <input type="checkbox"/> Toilet Paper |
| <input type="checkbox"/> Deoderant | <input type="checkbox"/> Small trowel for cat holes |

Personal Gear and other stuff

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| <input type="checkbox"/> Tent, tent stakes, groundcloth | <input type="checkbox"/> Extra trash bags |
| <input type="checkbox"/> Sleeping bag (suitable for conditions) | <input type="checkbox"/> Extra ziplock bags |
| <input type="checkbox"/> Sleeping pad (optional, but nice) | <input type="checkbox"/> Playing cards/small games |
| <input type="checkbox"/> Messkit (bowl, cup, utensils or spork) | <input type="checkbox"/> Optional: camera |
| <input type="checkbox"/> Whistle | <input type="checkbox"/> Optional: headlamp |
| <input type="checkbox"/> Bug repellent | |

✘ Items NOT Permitted

(Please note that these items will be confiscated by the activity leader and returned at the conclusion of the event.):

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| ✘ Cell phones | ✘ Radios |
| ✘ Personal Axes | ✘ Electronic games |